

# EXTENSION MASTER FOOD VOLUNTEER PROGRAM

**2023 Application Now Open!**

**NC STATE**

Extension Master Food Volunteer Program

More information about the program and dates for the 2023 training can be found on our website:  
<https://northampton.ces.ncsu.edu/>

**Application Open: January 4, 2023**

**Application Deadline: January 18, 2023**

**Interview Dates: By appointment**

**Training Begins: February 6, 2023**

The NC State Extension Master Food Volunteer (EMFV) program provides NC residents the opportunity to engage with their communities by supporting NC Cooperative Extension programming in the areas of nutrition, cooking, food safety, and food systems. NC Cooperative Extension provides evidence-based information through community classes and events.

**Anyone interested in cooking, nutrition, food safety, or food systems can apply!**

*NC Cooperative Extension prohibits discrimination and harassment on the basis of race, color, national origin, age, sex (including pregnancy), disability, religion, sexual orientation, gender identity, and veteran status.*

## OPPORTUNITIES FOR VOLUNTEER SERVICES INCLUDE:

- Nutrition Education
- Cooking Demonstrations
- Educational Booths
- Food Preservation Classes

## WHAT IS EXPECTED?

- Complete the EMFV application and interview
- Complete mandatory 30 hours of training
- Communicate volunteer interests that suit your skills to your supervising agent
- Contribute 30 hours of shadowing your supervising agent within the first year of service
- Contribute 20 hours of service per year, and 10 hours of continuing education
- Registration Cost: \$20.00



**NC**

**COOPERATIVE  
EXTENSION**



**Grow. Cook. Eat.**