

The Green Gazette

4-H News

Northampton County

Winter 2019



Greetings from the 4-H Office

Dear 4-H Members and Friends,

What a wonderful year we have had! You all have helped our 4-H program grow so much this year. We have had lots of fun activities over the year for all of our community and youth. Thank you to all who participated. This newsletter highlights some of our programs we have done this year and happening next year. We wish you a Merry Christmas and Happy Holiday season. Don't forget to re-enroll in 4-H in January ☺ on 4-H Online.

Sincerely,

Sara Villwock

Extension agent, 4-H

Ann Lawrence

Extension Program Associate, 4-H

MARK YOUR CALENDARS

Speed Way to Healthy	November 18 th - 22 nd
Red Cross Blood Drive	December 5 th
Christmas Workshop and Seaboard Parade.....	December 7 th
Teen Council Christmas Party.....	December 10 th
Tubing Trip.....	January 3 rd
Livestock Meeting (Record book workshop).....	January 6 th
Record Book Pizza Party (Teen Council).....	January 14 th
Record Books due.....	January 31 st
Volunteer Leaders Conference.....	January 31 st - Feb 1 st
Livestock Meeting (YQCA)	Feb 3 rd
Teen Council	Feb 11 th
Teen Retreat	Feb 28 th -March 1 st
Achievement Night an Evening of Stars	March 19 th
Litter Sweep.....	March 21 st
Livestock Show and Sale.....	June 10 th
Citizenship Focus.....	June 15-17 th
District Activity Day.....	June 19 th
4-H Camp at BJP.....	July 5 th -10 th
4-H Congress	July 18 th -21 st

Check Us Out:

<http://northampton.ces.ncsu.edu>

"Events" Tab at the Top

Find us on



4-H: Northampton County NC

Contact Us

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Poultry Show

The Jackson Farmers Market was all a buzz with the 2nd annual Northampton County 4-H Poultry Show. Each youth participated in the showmanship class, where they were judged on their knowledge, handling and presentation of the bird to the judge. The second class was the breed class that judges the birds against each other to see which bird will be the best in egg production and overall quality. While the show was running the Northampton County 4-H Teen Council members were selling Chicken Poop Bingo squares; running an educational table for the community; selling, brownies, lemonade, Chick-fil-A sandwiches and hot chocolate. Citizens from all over the county came out to support the youth and the event. There was even a special guest "The Cow" from Chick-fil-A who greeted spectators as they came to the show. This show was sponsored by Tractor Supply, Chick-fil-A, Farm Bureau, Gay Implement, Valley Community Church, Adams Landscaping, and NC Cooperative Extension. *The poultry project is a fun and educational project that gives youth a chance to participate in a smaller scale animal science project. This project teaches youth responsibility, time management, record keeping, leadership skills, showmanship skills, and public speaking skills.*

This project begins in June and ends in October each year.



Left to right Kara New, Kadence Joyner, David Pierce, Kelsey Lichtenwalner, Ty Usalis, Collin Ordnung, River Joyner, Jace Pope, Jesa Pope, Katie Roe, Hannah Roe.

Speedway to Healthy

Childhood obesity is a major epidemic in the country. Child obesity rates have tripled among school aged children and adolescents and are affecting children at younger and younger ages. North Carolina was labeled the 23rd state with the highest childhood obesity rates.

In an effort to address these issues Northampton County Cooperative Extension hosted Speedway to Healthy in November for students of the county. Speedway to Healthy is a 1,200-square foot walk through exhibit representing the human body, the exhibit teaches how healthy and unhealthy habits effect the body. We had over 650 students participate and over 80 volunteers.



State Fair

Booth

The booth taking first place is a representation of a typical view as you drive down a road in the county with local cotton, peanuts, and livestock animals. On the walls of the booth are photos of youth Digging Deeper into 4-H along with the backdrop picture of a local cotton farm. There are fun facts about Northampton County and local farmers sprinkled throughout the booth to provide education to the public about Northampton County. Along with the educational element there is a guessing game of how many peanuts are in the jar.



Hay Bale

The Hay bale was made to look like a flower pot with plants growing out of the top. A watering can and trowel to help the gardener work on “Digging Deeper into 4-H” sits on the square bale alongside the giant flower pot. The haybale received 5th place.



Goat Show

Jessa Pope showed her goat, Jennifer, at the NC State Fair. She did a great job! We are so proud of her heading to Raleigh and representing Northampton County at the fair. When you see her give her a high five. We can't wait to have more of you show next year at the state level.



Volunteers

Two of our 4-H volunteers, Pauline Deloatch and Shirley Moore, worked the 4-H table at the State fair, sharing about 4-H to state fair goers and playing some fun game. We had a blast talking about 4-H and getting people excited about joining 4-H.



Thank you

Thanks to all of our participants and donors who helped make this booth and hay bale a success!

4-H Youth- Jadon Simmons, Hunter Martin, Hannah Greer, Ty Usalis and Hannah Roe

4-H Volunteers- Pauline Deloatch, Katie Roe, EB Odom, Lloyd Lawrence.

Donations:

Cotton donated by Boone Farms and 1108 Bryant Farms

Peanuts donated by Mike Belch

Gin trash donated by Jackson Cotton Gin

Bees donated by Northampton Beekeepers Association

Wood animals were made by Craig Ellison County Extension Director and 4-H Volunteers

Hay bales and mums donated by Adams Lawn and Landscape.

Hay bale supplies donated by Flowers by Wayne

Sign “Digging Deeper into 4-H” was from Lauren Morris of Health Matters used at our local 4-H community gardens.



Tubing Trip

Join us as we hit the slopes.
January 3rd at Wintergreen Resort
For youth Ages 13-18

Registration \$30

lunch/dinner money additionally needed

\$15 deposit due by December 20th
younger (6-12) may attend with a parent

Call the office to register
Space is limited

2020 NC 4-H Volunteer Leaders Conference

January 31- February 2

Registration cost **\$100**

Hotel and full registration paid for by 4-H Program
fundraisers

\$50 deposit due by January 6th

Call the office to register
Space is limited

2020 4-H Summer Camp

Do you want to spend a week camping with your friends? Then join us for some fun at 4-H camp this summer. You will get to enjoy camping at the Betsy-Jeff Penn (BJP) 4-H camping center located near Reidsville, NC in Rockingham County. BJP offers many fun activities such as horseback riding, swimming, archery, talent show, canoeing, nature exploration, high ropes course, nature walks, campfires, wall climbing and more.

Hold the dates.....

We will be going July 5th-10th

Call the office for more information.

Record Books

Why 4-H Project Record Books?

- To give youth an opportunity to reflect on what they've learned and accomplished through a year. They document new skills and experiences in a written report to measure their achievements and growth.
- To encourage children to set goals, pursue strategies to meet those goals, and to overcome obstacles.
- To award 4-H members for participation in 4-H activities which provides an incentive for participation, learning and achievement.

Each year county record books are turned in and winners are then selected to compete on State level. Record book forms and instructions can be found at

<https://nc4h.ces.ncsu.edu/youth-3/4-h-awards-incentives-programs-2/> or call the office and we have hard copies available.

We will have a record book workshop January 6th at 7:00pm and January 14th at 6:00pm.

2019 record books are due to the 4-H office for county competition.

Due January 31st to the 4-H office by 5:00pm.



TEEN COUNCIL

Ages 13-18

Meets the second Tuesday of each month
from 6-7 pm at the Extension office.

School Enrichment

Did you know that 4-H is in the schools of Northampton County?

Ann Lawrence is a familiar face in our schools thanks to the teachers who have asked her to lead 4-H programs in their classrooms. A few popular programs are embryology, vermicomposting, character education, and health rocks. If you would like to see 4-H in your school, please contact the 4-h office.



A second grade class at Willis Hare, participating in Embryology.

NC COOPERATIVE
EXTENSION



4-H CHRISTMAS WORKSHOP & PARADE



Baking! Games! Arts and Crafts! Parade!

DECEMBER 7, 2019
10:00AM-3:00PM

Ages 5-12, Reserve your space by calling (252)534-2711. Cost \$10.00.
Please bring your lunch. Must have a 4-H enrollment form on file.
Event held at the Northampton County Cooperative Extension office.

Red Cross Blood Drive

Come help support 4-H with
our 4-H Sponsored Red Cross
Blood drive.

December 5th

from 1:00-5:00

At the Jackson Wellness Center

NC 4-H Scholarships & Honor Club

Applications available soon!

Applications are due to the 4-H office by
January 24th.

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